# StoryTell A Right

# Awareness raising of young people, on human rights, anti discrimination and social inclusion.

Violation of Human Rights, discrimination, racism, inequality or sexism are problems which must be tackled. This youth exchange (YE) gave the opportunity to 42 young people from Greece, Egypt, Armenia, Estonia, Bulgaria, Ukraine and Cyprus to learn more about these topics in a European and neighbouring context and spread the knowledge using the techniques of storytelling and video-making. The project took place in Dymes, Cyprus between the 2nd and 11th of September 2019.

### To accomplish our mission we...

### WORKED AS A TEAM

The participants were involved in

# non formal

activities aimed to build a common and safe space of sharing, understanding and collaboration.

### ...TO CREATE MATERIALS...

The participants created

**5** Stories

touching upon different aspects of human rights coming from their personal experiences using storytelling techniques to unleash creativity.

#### ...USING NEW TECHNOLOGIES...

The participants used several

## Videomaking

tools and techniques (software and hardware) to transform their stories into video campaigns.

### ...TO DEFEND HUMAN RIGHTS.

The videos were aimed to raise

### Awareness

by organizing a public screening for the local community, within the YE and by sharing the videos on social media and with associated bodies.

More information available: https://yeucyprus.wixsite.com/star

OUTH FOR EXCHANGE

# **Main Activities**

### **Human Rights History**

The main aim of this activity was the introduction of the topic and and the important moments in the evolution of human rights. Participants read history cards with different events and tried to create a human rights timeline giving them the chance to reflect on core values, like human dignity, freedom, equality, helping others, etc.

### **Human Rights World Cafe**

Through several questions related to Human Rights, participants had the opportunity to share their opinions in groups. Each conversation allowed them to learn from each other by also reflecting on local realities of each participant

### **Storytelling Stations**

With the aim to gain more inspiration and perspective of approaching a story, each storytelling group was invited to go around and visit different storytelling stations. Using a self-guided methodology, they found instructions at each station and stayed there until they completed the tasks.

### **De Bono's Six Thinking Hats**

This activity aimed to assist each storytelling group to finalize their script. Each hat had a different role; to express: emotions, info, summarize facts & data, be creative & innovative, pessimistic or optimistic. Taking into account all the different perspectives, each group managed to enhance and finalize their stories with satisfaction.

### Videomaking workshop

A presentation from an expert, introduced the participants to new hardware and software to record their stories and edit their videos. Photography tips were given for achieving high quality videos.

### **IMPACT**

### Participants

Reflected on the violation of human rights in their local communities and other countries. Gained competences in storytelling and videomaking.

#### Partners

Gained more skills and experience on implementing an Erasmus+ project. More active and skilled volunteers with an improved sense of initiative.

### National/European

Greater participation in democratic life in Europe, Improved individuals' Key Competences, Increased level of awareness on the thematic of the project.

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YOUTH FOR EXCHANGE AND UNDERSTANDING